

Anesthesia Pre-Operative Order Set

PREADMISSION REQUIREMENTS

1. History and Physical Exam performed by patient's Primary Care Provider within 30 days prior to surgery
2. EKG completed within 6 months prior to surgery for the following Patients:
 - Shoulder surgery
 - History of CHF, CAD, or Infarct, or Hypertension
3. Coumadin- Hold for 5 days with consent of prescribing Provider. Protime (PT or INR) level must be drawn and reported within 48 hours prior to surgery. Report Protime results to Surgeon and Anesthesia Provider
4. Potassium blood test must be drawn and reported for patients taking the following medications:
 - Potassium supplements, Hydrochlorothiazide (HCTZ), long-term steroid use
 - Blood test required within 48 hours of surgery: medication or dosage change in past 30 days
 - Blood test required within 14 days of surgery: Stable med and dose for 30 or more days
5. Hold the following medications: Aspirin for 7 days, NSAIDS for 48 hours, Plavix for 7 days
6. NPO Restrictions:
 - Morning Patients are not allowed food intake after midnight
 - Afternoon Patients may eat a light meal up until 8 hours prior to scheduled arrival time
 - Clear water (8 ounce glass) is permitted up until 2 hours prior to scheduled arrival time
 - No Gum, Candy, Mints, or Chewing Tobacco allowed within 8 hours prior to arrival time
7. The following prescriptions should be taken as ordered on the day of surgery unless instructed otherwise by their prescribing provider:
 - Cardiovascular: ACE Inhibitors, Antiarrhythmic, Beta Blockers, Calcium Channel Blockers, Digitalis
 - Steroids
 - Anti-Seizure
 - H2 Blockers, others for gastro reflux/regurg
 - Antibiotics

DAY OF SURGERY REQUIREMENTS

8. Verify NPO compliance as stated in section 6 of Preadmission Requirements
9. Diabetic Patients- Check blood glucose level upon admission for all patients taking oral or parenteral diabetic medications. Notify Anesthesia Provider if results are less than 80 or greater than 200 mg/dl
10. General or Spinal/Epidural Anesthesia procedures 60 minutes or greater in duration:
 - Implement Forced Air Warming method with Bair Paws patient gown. Pre-warm patient for minimum of 30 minutes. Record patient temperature prior to entering OR suite
11. Establish peripheral IV access. RN may inject 0.2 ml Lidocaine subcutaneous at IV site for patient comfort
12. Infuse Lactated Ringers via tubing at TKO rate
13. Knee Arthroscopy: RN to administer the following between 30 minutes to 1 hour prior to surgery:
 - Percocet 5/325 mg tablet, 1-2 tablets, PO, one time
 - Sodium Citrate 500 mg/15 ml, PO, one time

Preoperative RN _____ RN
Date-Time _____

Anesthesiologist _____ MD
Date-Time _____